

# THE VOICE

Term 4 2021

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**Moe Life Skills  
Community Centre**  
*Achieving Goals and Aspirations*



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# Merry Christmas



Check out our  
social media  
pages

**facebook**



Instagram

## Our Vision

A society where people with disability can fully participate and make a valuable contribution as citizens

## Our Mission

To make our community a place where people with disabilities, their families and networks are empowered through quality service, effective education and training and inclusive connections.

***Don't forget to find us at [www.moelifeskills.vic.edu.au](http://www.moelifeskills.vic.edu.au) for information, participant stories, The Voice editions and much more ...***

## Programs at MLSCC

If you have any questions about your program or NDIS plan please contact Moe Life Skills planner Sharon Radford on 51277999.



### MLSCC Board of Management

If you would like information regarding matters to do with the BOM, please feel free to contact Deidre Carmichael on 51274525 or email [deeandbill22@gmail.com](mailto:deeandbill22@gmail.com)



It's beginning to look a lot like Christmas...

I'd like to take a moment to wish you and your family a very Happy Christmas. I hope the New Year brings promises of a better and brighter 2022.

I know that 2021 has been a difficult year for many of us, and the Board of Management and I truly appreciate your on-going support and commitment to Moe Life Skills. We look forward to you helping us to grow Life Skills Victoria Inc in the coming weeks and months.

Wishing you a wonderful Christmas surrounded by friends and family. Enjoy!

Dr Carole Broxham  
CEO

Take a look at our curated selection of unique art cards. Send a card that is both beautiful to receive and display. Support our local artists. Jump on our website <https://moelifeskills.vic.edu.au/resources/news/> to have a look at the packs.

Cards are sold in packs of eight, featuring one artwork from each of our eight Mainstreet artists.

We have three packs to choose from (A, B and C). Each pack is \$25.

Contact office on (03) 5127 7999 or email to order



### Happy Birthday

Best wishes to all those who are celebrating a birthday in December .



### Important dates to remember in January.

New Years Day 1st January 2022

Return to MLSCC 18th January 2022

Australia Day 26th January 2022



## **We interviewed the MLS Drama Group, Curtains For Certain.**

We discovered that they have been performing for many years together, love the different costumes and the many roles they have played.

They enjoy reading the script, acting, team work, rehearsals, learning their lines, performing and their new hoodies.

Some get nervous being on stage, "*my legs get shaky*" while others feel confident.

Embarrassing moments - yes! "*Mucking up my lines*", "*forgetting my lines*" and "*my costume ripped and we had to do a quick repair*"!

Any tips to remember lines? "Practice every night." "Practice makes perfect." "Read it in my head."

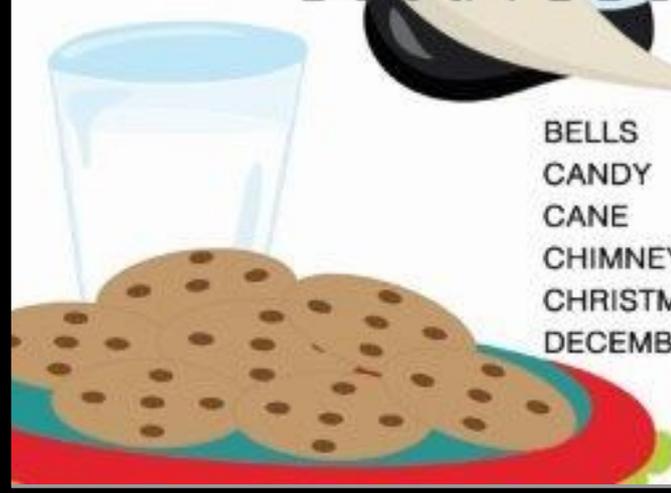
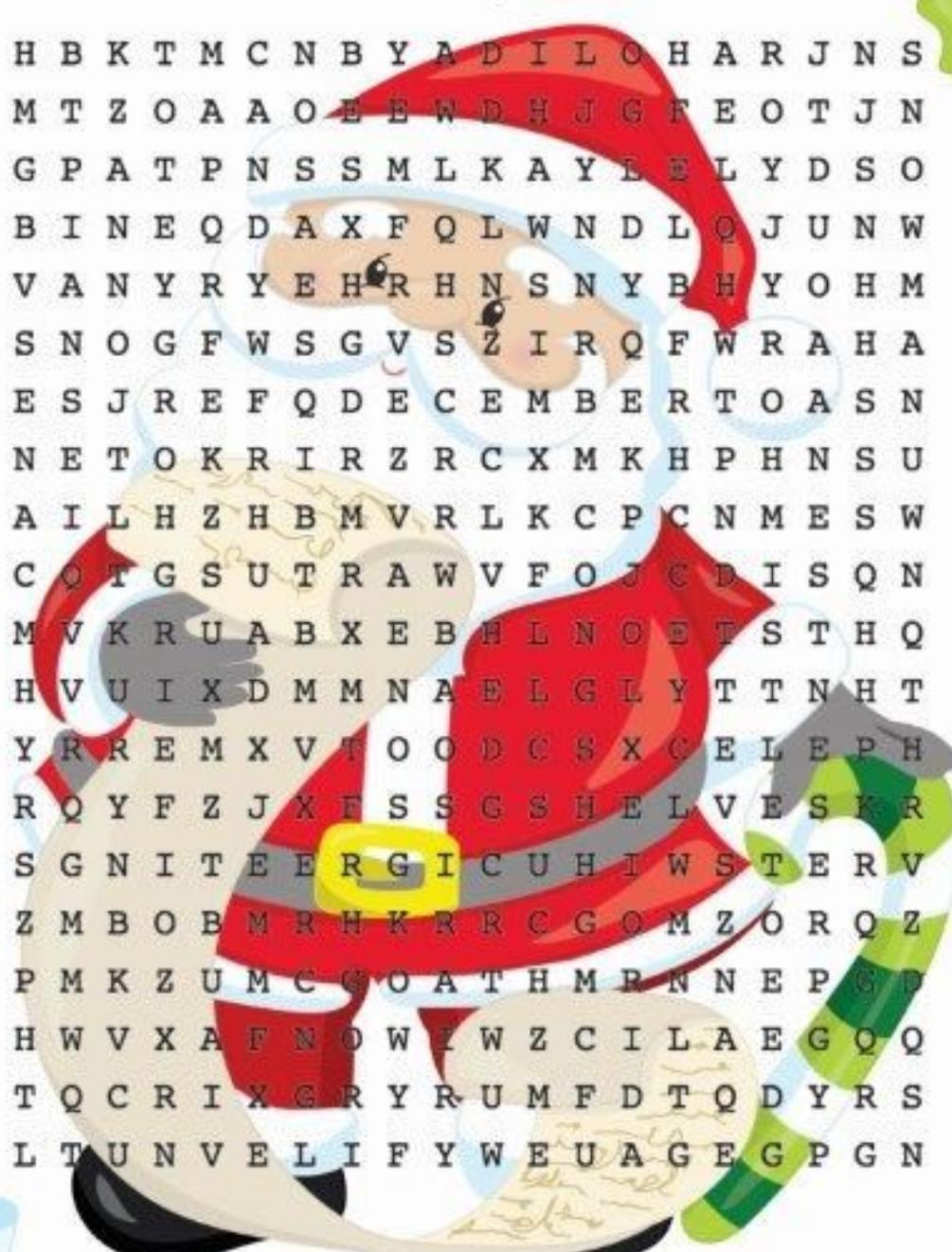
We look forward to their newest production which will be in 2022 due to current COVID restrictions.



# CHRISTMAS WORD SEARCH



H B K T M C N B Y A D I L O H A R J N S  
 M T Z O A A O E E W D H J G F E O T J N  
 G P A T P N S S M L K A Y E E L Y D S O  
 B I N E Q D A X F Q L W N D L O J U N W  
 V A N Y R Y E H R H N S N Y B H Y O H M  
 S N O G F W S G V S Z I R Q F W R A H A  
 E S J R E F Q D E C E M B E R T O A S N  
 N E T O K R I R Z R C X M K H P H N S U  
 A I L H Z H B M V R L K C P C N M E S W  
 C O T G S U T R A W V F O J C D I S Q N  
 M V K R U A B X E B H L N O E T S T H Q  
 H V U I X D M M N A E L G L Y T T N H T  
 Y R R E M X V T O O D C S X C E L E P H  
 R Q Y F Z J X F S S G S H E L V E S K R  
 S G N I T E E R G I C U H I W S T E R V  
 Z M B O B M R H K R R C G O M Z O R Q Z  
 P M K Z U M C O A T H M R N N E P C D  
 H W V X A F N O W I W Z C I L A E G Q Q  
 T Q C R I X G R Y R U M F D T Q D Y R S  
 L T U N V E L I F Y W E U A G E G P G N



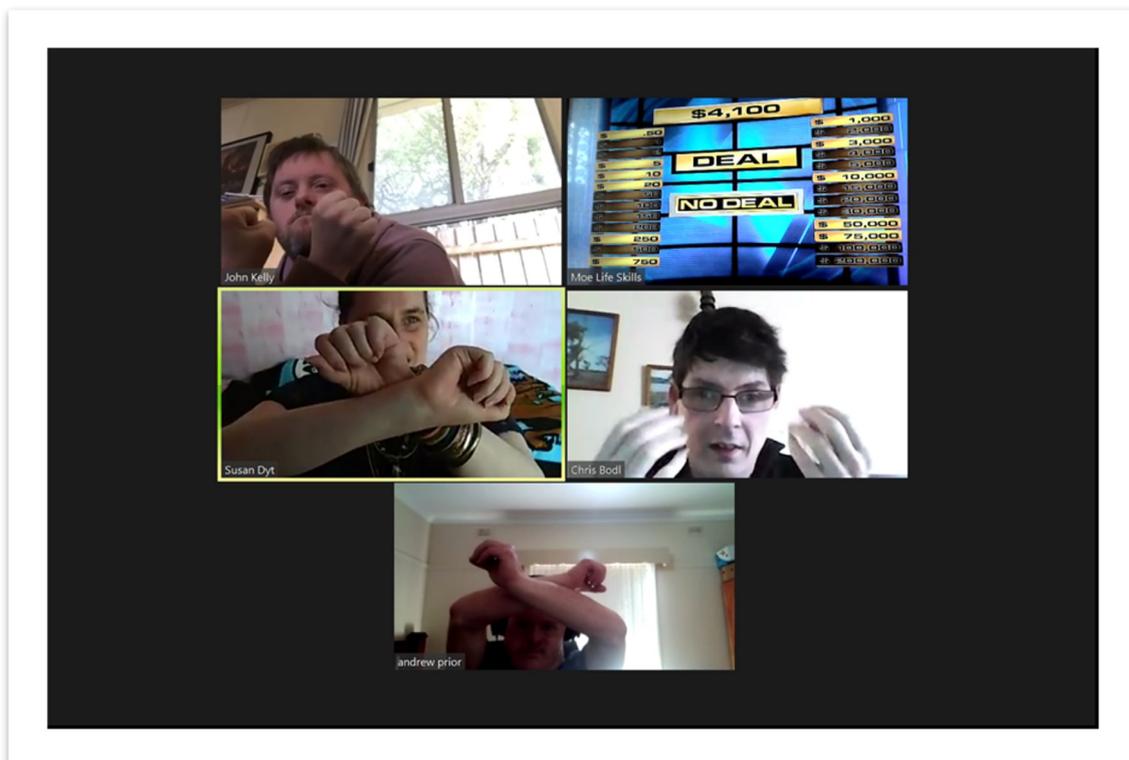
- |           |             |           |         |
|-----------|-------------|-----------|---------|
| BELLS     | ELVES       | MISTLETOE | SCROOGE |
| CANDY     | GINGERBREAD | NORTH     | SEASON  |
| CANE      | GREETINGS   | POLE      | SLED    |
| CHIMNEY   | HOLIDAY     | PRESENTS  | SNOW    |
| CHRISTMAS | JOLLY       | REINDEER  | SNOWMAN |
| DECEMBER  | MERRY       | SANTA     | WREATH  |

# Games Galore

Games Galore is a zoom program for our clients held on Friday afternoons.

Games Galore is a fun and engaging, social and recreational activity, where you will play a variety of games together whilst having a social catch-up.

Games may include Name the Song or Movie, Bingo and Deal or No Deal, just to name a few.



# Christmas Lamington Ring

## You will need:

- 500g frozen strawberries
- 2/3 cup caster sugar
- 1 tsp vanilla bean paste
- 2 cups thickened cream
- 26 lamington fingers (see notes)
- 500g small fresh strawberries
- Small zip lock bag



## What to do:

Place frozen strawberries and 1/2 cup sugar in a large saucepan over medium heat. Cook, crushing strawberries with a wooden spoon, for 10 minutes or until sugar has dissolved. Bring to the boil. Reduce heat to medium-low. Simmer for 10 minutes or until mixture is syrupy.

Remove from heat. Strain syrup mixture through a fine sieve into a jug. Discard solids. Wash and dry pan. Return syrup to pan. Stir in vanilla bean paste. Bring to a simmer over medium heat. Simmer for 12 minutes or until slightly thickened. Remove from heat. Set aside to cool completely.

Using an electric mixer, beat cream and remaining sugar until just-firm peaks form. Add 1/3 cup strawberry syrup to cream. Fold through to create a rippled effect.

Carefully spoon cream mixture into a large snap-lock bag. Snip 2cm off one corner. Pipe a 23cm ring on a flat serving plate to form the base. This ring will secure the lamingtons to the plate.

Pipe a little cream mixture onto 1 face of 1 lamington. Place lamington on its side on cream ring to start assembling the wreath. Pipe a little cream onto 1 face of the next lamington. Place in front of lamington on plate and sandwich together. Repeat process with remaining lamingtons and cream mixture to form the wreath.

Reserve 12 fresh strawberries. Hull and finely dice remaining strawberries. Cut 3 of the reserved strawberries in half. Using the picture as a guide, top wreath with the whole, halved and diced strawberries. Spoon over remaining syrup mixture. Serve immediately, or place in the fridge.

## The Grinch is a movie starring Jim Carrey.

I like this movie because of the mischief that the Grinch gets up to.

He doesn't like the local people called the Who's.

He plays tricks on them.

The towns people try to get the Grinch to change his ways.

I would give this movie 3 stars.



By Chris Bodley.

## Christmas jokes!

- Q.** What is big, red and flies in the sky?  
**A.** Santa Claus.
- Q.** Why did the elf go to school?  
**A.** To learn his ELFabet.
- Q.** Why does Rudolph have a red nose?  
**A.** Because he sneezes a lot!
- Q.** What did the reindeer say when he saw an elf?  
**A.** Nothing, reindeer can't talk.
- Q.** How do you know when Santa's in the room?  
**A.** You can sense his presents.
- Q.** Why do Rappers like Christmas so much?  
**A.** Because of all the wrapping!
- Q.** How do you scare a snowman?  
**A.** You get a hairdryer!



