

# THE VOICE

Edition 2, March 2022

newsletter

LifeSkills  
Victoria Inc.

Check out our social media pages

facebook



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## NDIS .....

If you have any questions about your program or NDIS plan please contact Life Skills Vic on 51277999.



At last...after two long years, Curtains for Certain drama group are excited to announce the production of:



LIFE SKILLS VICTORIA-CURTAINS FOR CERTAIN DRAMA GROUP  
FORMERLY MOE LIFE SKILLS COMMUNITY CENTRE  
PRESENTS

# LOOKING FOR ALICE

At last we can finally present a fun night of light entertainment and lots of laughter

Friday May 20th 2022 | 7:30 PM  
Moe Town Hall

Adults \$10

Children (15& under) \$5

Tickets at the door or from our head office at 2a High St  
Moe Phone: 0351277999



We look forward to seeing you all there.

## And the quote is.....

*Sorry I didn't pick up my phone, I got carried away dancing to the ring tone.....*

## Our Vision

A society where people with disability can fully participate and make a valuable contribution as citizens.

## Our Mission

To make our community a place where people with disabilities, their families and networks are empowered through quality service, effective education and training and inclusive connections.

# What's happening at LSV....



## Coffee Cart at Moe Library:



Over the last few weeks, the 'Communications and customer service' group have been putting their skills into practice .

They have been operating the 'coffee cart' on a Wednesday morning, at the Moe library.

Not only serving coffee, tea, Chai and hot chocolate, they have also learnt how to set up, clean and operate the cart.

It is a good learning experience and lots of fun.

Thanks to the Baw Baw Latrobe Local Learning and Employment Network for the use of the coffee cart.

Pictured with the 'coffee cart'—

← Josh McMahon, Lincoln Sharrock and Georgia Green

**We will be back next term from 27th April...**

**Open every Wednesday morning— 10.00 to 12.00: Home baked biscuits for sale as well.**

**Come and see us at the Moe Library.**

## Welcome to our new DCEO, Melissa Martin

A little bit from Melissa...

I started working at LSV in February this year. When Linda (previous DCEO) spoke to me about the position, and how much she loved working at LSV, I was excited to talk to her and Carole and to hear about the amazing people who work and attend LSV.



I am passionate about helping make a difference in people's lives and felt that the role and organisation would be a great fit. I have loved my first weeks at LSV and am looking forward to meeting all of our crew! My duties as DCEO will be supporting Carole running the business; working with the LSV team to help provide our amazing services and supporting our clients and their families/carers on their lifelong learning journey.

My previous job was working at Casey Cardinia Libraries with over 160 team members, providing library services, programs and inclusive spaces to the local community. I oversaw everything that was related to people and culture - pays, training, OHS, recruitment, Health and Wellbeing.

I was born in Melbourne, and now I live in Warragul with my two teenage boys! Ryan who is 18 and Rory who has just turned 15, and our cat (Ragdoll) – Crystal, who is very fluffy and leaves lots of her fur around the house! I have started learning golf. I like watching and playing tennis as well (but I'm not very good at it!) and my favourite colour is purple. In my spare time I like to catch up with friends and family, read and practice golf.

# Let's Get Cooking

## Pumpkin Risotto

### You will need:

- 1 onion, diced
- 2 tablespoons olive oil
- 2 tablespoons butter
- 2 cups arborio rice
- 3 cups butternut pumpkin, diced
- 2 litres Vegetable Liquid Stock
- 1 tablespoon butter (for the end)
- 1 cup fresh flat-leaf parsley, chopped



### **What to do:**

1. In a frying pan heat the oil and butter and add the onion. Fry until translucent (clear)
2. Add the rice and pumpkin. Cook for about 3-4 mins.
3. Add 1 cup of stock and stir until it has been absorbed by the rice. Continue to do this, 1 cup at a time, until all of the stock is used.
4. Stir in the parmesan, butter and parsley and serve.

## Joker's Corner

**Q. What did the oak tree say when autumn came around?**

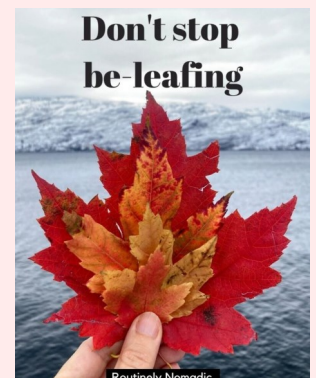
*A. Leaf me alone.*

**Q. What's worse than finding a worm in your apple?**

*A. Finding half a worm.*

**Q: If money really did grow on trees, then what would everyone's favorite season be?**

*A: Autumn*



# Reports and Reviews

## 8 tips to stay safe online

- 1 Be nice to people online. 
- 2 Take care with what you share. 
- 3 Keep personal information private. 
- 4 Check your privacy settings. 
- 5 Know how to report posts. 
- 6 Keep your passwords safe. 
- 7 Never meet anyone in person you've only met online. 
- 8 If you see anything online that you don't like or you find upsetting, tell someone you trust. 

### AFL ladder top 8 update, by Andrew Prior : March 28th



- |                |                    |
|----------------|--------------------|
| 1. Hawthorn    | 5. Brisbane        |
| 2. Collingwood | 6. Carlton         |
| 3. Sydney      | 7. Geelong         |
| 4. Melbourne   | 8. Gold Coast Suns |

### Dates to remember



**LSV term 1 ends:** April 15th - April 22nd *Happy Easter Everyone*

**Anzac Day Holiday:** April 25th

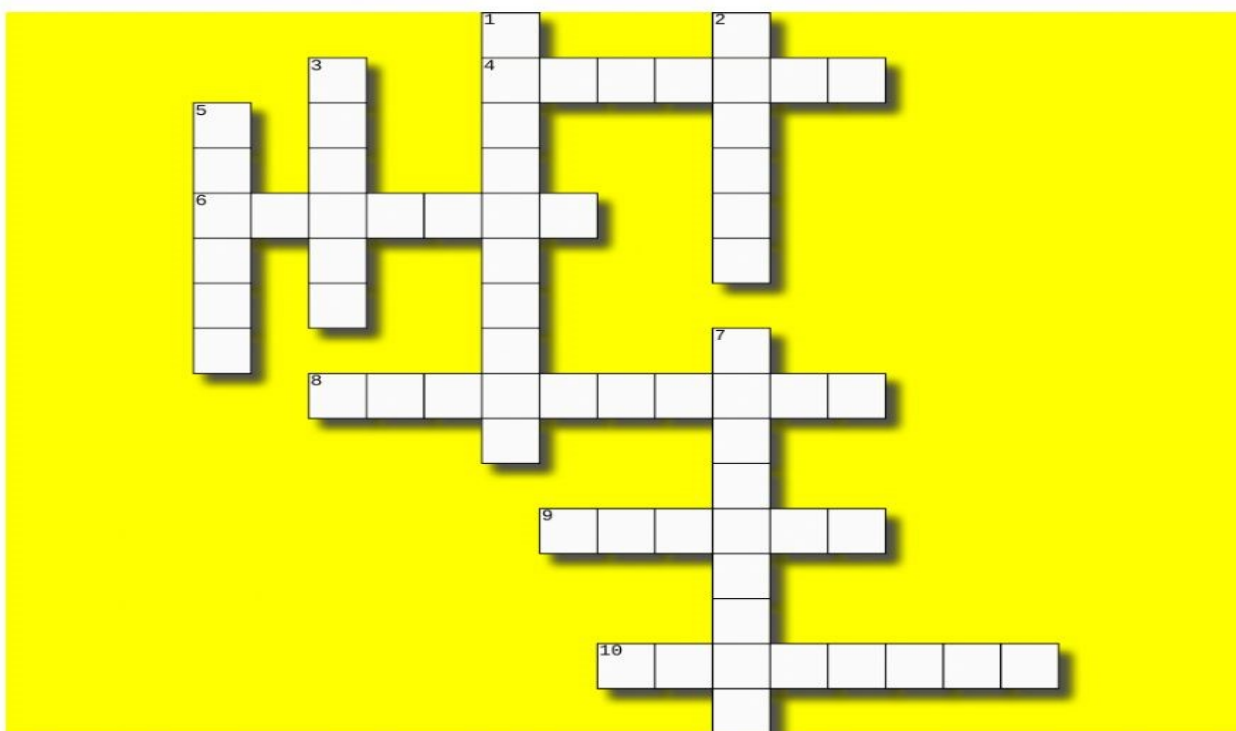
**LSV term 2 commences:** April 26th

**Mothers' Day:** May 8th

**Curtains for Certain Drama Production:** May



## Something to get you thinking...



### Across

4. an art of shooting with bow and arrow.
6. a game with a ball and a bat.
8. a game in which the ball is kept in motion over a high net.
9. the sport of gliding and jumping on skis.
10. a game in which the ball is kicked by the players.

### Down

1. to get a ball through a hoop.
2. the players hit a small ball across the net using the racket.
3. the sport of fighting with fists.
5. the national game of India.
7. the players hit a shuttlecock across the net using the racket.



To readers with  
March or April  
birthdays,  
we hope you had a  
great day

Still  
It's  
**OK**  
to complain

NDIS funded supports and services contact  
[NDIS Quality and Safeguards Commission](https://www.ndis.gov.au/quality)  
1800 035 544  
contactcentre@ndiscommission.gov.au

### MLSCC Board of Management

If you would like information regarding matters to do with the BOM, please feel free to contact Deidre Carmichael on 51274525 or email [deeandbill22@gmail.com](mailto:deeandbill22@gmail.com)



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