

THE VOICE

Edition 6, August 2022

newsletter

LifeSkills
Victoria Inc.

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Contacts

Postal Address

PO Box 761

Moe 3825

Email

office@lifeskillsvic.com.au

High St

2a High St

MOE 3825

Phone 51277999

Parer Avenue

1-3 Parer Avenue

MOE 3825

NDIS

If you have any questions about your program or NDIS plan please contact Life Skills Vic on 51277999.



Our new **Client Services Coordinator** started with us in May.

If you haven't already spoken with Jess, she is currently contacting all of our families to introduce herself and say hello.

Your name and job title at LSV: Jessica Hickin, Client Services Coordinator

What does your role involve? Working with clients to ensure they are getting the most out of our classes/programs here at Life Skills Victoria.

What days do you work? Monday 9am to 2pm, Tuesday 9am to 5pm, Wednesday 9am to 2pm, Thursday 9am to 5pm, Friday 9am to 2pm.

Where will you be working from-which site? High Street Office, but I will be at Parer on Tuesdays taking the self-advocacy class

Where are you from?

Warragul

A little bit about you?

I have 4 beautiful children

I love gardening, fishing, spending time with family and friends

Collingwood is my AFL team

Melbourne Storm is the NRL team I go for



And the quote is.....

"Happiness can be found, even in the darkest of times, if one only remembers to turn on the light." — Albus Dumbledore.

Our Vision

A society where people with disability can fully participate and make a valuable contribution as citizens.

Our Mission

To make our community a place where people with disabilities, their families and networks are empowered through quality service, effective education and training and inclusive connections.

What's happening at LSV....

West Gippsland Arts Centre

We were rapt to have the Life Skills Victoria Drama Group in the venue this morning for a tour of our facilities . The group spent some time backstage with our tech team and learnt some theatre craft including lighting and operating the house curtain.

These skills will come in handy as the Drama Group will be performing “Looking for Alice” at the Moe Town Hall on 14th of October at 7:30pm.

Tickets will be available at the door or directly from Life Skills Victoria, 2A High St Moe.

Pictured with our venue Technicians Dom and Jim are the Life Skills Victoria Drama Group.

Written by John



Easy Greek pasta bake **Let's Get Cooking**

You will need:

- 350g dried penne pasta
- 2 tbsp olive oil
- 1 red onion, finely chopped
- 1 red capsicum, deseeded, coarsely chopped
- 2 garlic cloves, crushed
- 2 tbsp tomato paste
- 100g feta, crumbled
- 2 x 400g cans cherry tomatoes
- 1 tsp chopped fresh oregano leaves, plus extra leaves, to serve
- 50g (1/2 cup) coarsely grated mozzarella
- 80g (1/2 cup) black olives, pitted



What to do:

1. Cook the pasta in a large saucepan of salted boiling water following packet directions or until al dente. Drain.
2. Meanwhile, heat the oil in a large frying pan over medium heat. Add the onion and capsicum. Cook, stirring, for 5 minutes or until softened.
3. Add the garlic and tomato paste. Cook for 30 seconds or until aromatic. Drain the cherry tomatoes, reserving the juice. Place half the tomatoes, reserved juice and 125ml (1/2 cup) water in the frying pan. Bring to the boil then reduce heat to low. Simmer for 5 minutes then remove from heat.
4. Preheat grill on medium-high. Add the pasta, olives and oregano to frying pan and stir until combined. Season. Spoon into a 2L (8 cup) baking dish. Top with the remaining tomatoes. Sprinkle with the feta and mozzarella. Grill for 5 minutes or until the cheese melts. Sprinkle with extra oregano to serve.

Joker's Corner



What did the Koala give Dad for Father's day?

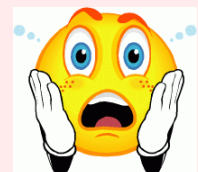
A Bear Hug.

What did the Baby corn say to the Mama corn?

Where's Pop-corn.

Why did Dad bring two pairs of pants to the golf course?

In case he got a hole in one



From Chris

Reports and Reviews

Shakespeare and Hathaway

I purchased a new DVD called Shakespeare and Hathaway.

It is a TV series about two private detectives.

Private Inspector Frank Hathaway has always worked alone until he met ex-hairdresser Lu Shakespeare.

The two of them ended up joining forces and formed a highly unlikely and hugely entertaining detecting duo.

Mark Benton starred
as Frank Hathaway.

Jo Joyner starred
as Luella Shakespeare.

From Chris



AFL ladder top 8 update, by Andrew :



1 Geelong	5 Fremantle
2 Melbourne	6 Sydney
3 Brisbane Lions	7 Carlton
4 Collingwood	8 Bulldogs



Dates to remember:

1st August —LSV Closure—staff Professional
Development Day

23rd September—Last day of Term 3

Term Break Monday 26th September—Friday 30th
September

Something to get you thinking...

Did you know that LSV runs Karaoke every Tuesday—Friday at Parer Avenue and it is a smashing hit!



To readers with
August
birthdays,
we hope you have
a great day

Still
It's
OK
to complain

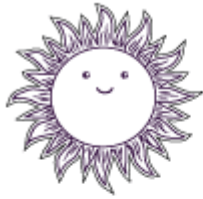
NDIS funded supports and services contact
[NDIS Quality and Safeguards Commission](#)
1800 035 544
contactcentre@ndiscommission.gov.au

LSV Board of Management

If you would like information regarding matters to do with the BOM, please feel free to contact Deidre Carmichael on 51274525 or email deeandbill22@outlook.com



Don't forget to find us at www.lifeskillsvic.com.au for information, participant stories, The Voice editions and much more ...



WEATHER



B R S D R O P N E L W C
K O Z N F W I R H O T L
W G U R O J S E C Y A D
E V C I S P U L F B M R
S N O W J A N D W T H E
Z B L G R F S Q I K Y P
T U D M X C H A N C E O
C P K B O Z I F D S L R
O J M H E S N Y G R U T
O W E A T H E R L A S B
L C R I F M T H P I D G
D A G L S U K B L N E R



CHANCE	HAIL	SNOW
COLD	HOT	SUNSHINE
COOL	RAIN	WEATHER
DROP	REPORT	WIND

Source: <https://www.treevalleyacademy.com/easy-weather-word-search/>