

THE VOICE

Term 12024

Edition JAN/FEB 2024

Sub Editors: Andrew, Angela, ,Chris



Find Us

Life Skills Victoria 2A High St Moe 3825



Write Us

PO Box 761 Moe 3825



Email Us

office@lifeskillsvic. com.au



Phone Us

(03) 5127 7999

Our partners







We're Social!

Check out our content on:





Psst.....

Want more client stories, back issues of The Voice, or information on Life Skills Victoria? Check out our website! A fresh year awaits, brimming with new adventures to embark upon!



After well-deserved breaks, Life Skills Victoria has resumed its program on January 17th 2024. Everyone's refreshed minds are settling well into the program.

Term 1 2024

Wishing our clients a fantastic journey as they improve their **Life Skills** through participation in our activities.

Our Vision

A society where people with disability can fully participate and make a valuable contribution as citizens

Our Mission

To deliver quality services, education, and training to enable people to reach their full potential.

Activities at LSV

If you have any questions about your program or NDIS plan please contact the LSV office on: (03) 5127 7999





LSV Board of Management



If you would like information regarding matters to do with the BOM, please feel free to contact Deidre Carmichael on (03) 5127 4525 or by email on deeandbill22@outlook.com





Take a look at our curated selection of unique art cards. Send a card that is both beautiful to receive and display. Support our local artists. Cards are sold in packs of eight featuring one artwork from each of our eight Mainstreet artists.

We have three packs to choose from (A,B and C) Each pack is \$25.

Contact office on (03) 5127 7999 or email office@lifeskillsvic.com.au to order



Sports equipment from Reclink

Life Skills Victoria was the lucky recipients of a sports pack from Reclink Australia. Our excited Performing Art students welcomed Shaun Johnson from Reclink and celebrated the occasion with our new equipment. A big shout out and thank you to Reclink for this fantastic donation!





Students and staff recently celebrated Sam's 50th birthday at the Turf Side function center at Moe Racing Club. This milestone is extra special for Sam as she has been eagerly anticipating this celebration and counting down the days!

Important Dates

- 29th March Good Friday
- 1st April Easter Monday
- 1st April 5th April LSV Closure week
- 8th April Students return and commence Term 2
- 25th April ANZAC Day Public holiday

HAPPY BIRTHDAY!



Best wishes to all those who celebrated or are celebrating a birthday in January and February and March

Word Search



GARDENYSMBMTOLS SUMMER NIARMELESEERWOU SUNSHINE SWIM UCINCIPEASIAMSN BOAT LMLINOITACAVRPS CAMP POPSICLEQLDEKIH HIKE UIPECAMPIOOLFCI GARDEN YTNSRETLMDNTREN PLAY PWNSOEPATGNEDXE REACH AUGRIADYBOAYATE JULY AUGUST RLJULYGRSASOUPA PARK KEFGLCEATHIRGAS PICNIC BALYPAENOCREURD POPSICLE SHORTSOOHAEHSHR ICE CREAM UYPEMNOSAESSTDE SHORTS CHETAMCLYBGMRES DRESS XLAOVZRCOJBRINS TRAVEL FOSEMAERCECIOWL VACATION SEASON BLOSSUMMERWBMOS

Sea King of the Merfolk Story by Angela Clement

The Ship called Her Majesty Australian Ship Mermaid. When the Shipmate with Navy Officer, Navy Captain, Sea Cadets, Sea Scouts, Sailors and Seaman Crew on aboard of the Battleship.

When the big storm huge waves to wash the Ocean by the Thunderstorm Lightning flashing raindrops. The Statue of Sea Cadet with the Bugle and falling in the deep blue sea. The strange creatures were a lots of Merfolk wearing a Military Navy Uniforms Sea Cadets to found a Statue come from above the Ocean and send the Sea King name King Triton was a Sea Captain and his Brother King Neptune was a Sea Scout goes to the Kingdom of Shipwreck of Moreton Bay Queensland Australia. When the Blue Heeler Dogs and Red Heeler Dogs to found a Statue has a Bugle come from on the beach of Brisbane River and send the Museum Manager with the Construction Worker display area.

Australian Cattle Dogs got a bad news about the Story has a Statue has a Bugle come from at the Museum of Brisbane Queensland.

Prince Eric and his Crew of the HMAS BRISBANE
Battleship and his wife Princess Ariel on aboard to set the
sail across the Great Barrier Reef Ocean Explorers. When
the Merfolk was a Merman and Mermaid with Merpeople to
tell the King Triton and King Neptune to watching above
the Ocean has a big Battleship Shadow in the bottom of
the deep blue sea.

The Scuba Divers to catch the Treasure from the Shipwreck and the Merfolk stuck in the net from the Scuba Divers Ship come from and the Two Kings died on the Coral Reef Stones and the Sea Child lost her Family of Merfolk Death covered in Blood and Red Blood Water. Sea Child name Ariel has a Sea Green Fish Body, Sea Green Fish Fin, Red Hair, Blue Eyes and Purple Singlet top. When the Sea Child become a Lady has a Sea Green Purple Blue Fish Body, Sea Green Purple Blue Fin, Red Brown Tan Hair with Braided Hair and Blue and Brown Eyes and Purple and Sea Green Bikini Top. This a Story about the Sea King of the Merfolk. The End!!!!

Profile review



Sometimes they come back by Stephan King
An enjoyable and entertaining film based on a short
novel by horror legend Stephen king. Not massively
scary but still an well acted and scripted film brilliantly
played by all actors Concerned a must for any horror
or Stephen King Fan. Highly recommended.
Sometime they comeback is a 1991 American made
for television horror film based on the 1974 short
story of the same name by Stephen King. The film
tells the tale of a man and his family that return to his
home town, but it then harassed by teenagers' that
died when he was a kid. The film was followed by two
straight-to video sequels: Sometime they come back
again (1996) and Sometimes they come back for
more (1998)

The Funny Pages

Q? What do dentists call their X-Ray?
A. A tooth pic

Q? You know why you never see elephants hiding up in the trees?

A. Because they are really good at it.

Q? Why did the tomato turn red? A. It saw the salad dressing.





Cookery Corner

Prawn & avocado wrap

Ingredients

- 1 very ripe baby avocado, stoned, peeled and roughly chopped
- juice ½ lime
- · few shakes Tabasco sauce
- 1 tomato, deseeded and chopped
- 1 spring onion, sliced
- 1 seeded flour tortilla (or gluten-free alternative)
- handful mixed salad leaves
- · 85g cooked and peeled prawn

Methods

STEP 1

Put the avocado in a bowl with the lime juice, Tabasco and some seasoning. Roughly mash, then add the tomato, coriander (if using) and spring onion.



STEP 2

Warm the wrap in the microwave for a few seconds. Spread the avocado mixture down the middle, scatter on the salad leaves and finish with the prawns. Roll up, then eat.

Andrew's Melbourne adventure to watch "Grease" musical

Andrew recently went in to Melbourne to watch the Musical "Grease"

The first "Grease" show was in 1978, since then I've watched a few "Grease" shows on TV and DVD but this is my first time experience a live "Grease" show which I've dreamed of doing for long time.

Cast/Creatives on the show

- · Joseph Spanti Danny Zuko
- · Annelise Hall Sandy Dumbrowski
- · Mackenzie Dvn Betty Rizzo
- · Keanu Gonzalez Kenickie
- · Brianna Bishop Marky

The Melbourne show will run until March 16th at Her Majesty's Theatre on Exhibition Street. If you're a "Grease" fan make sure not to let this event slip through your fingers!



Engaging in acts of community exchange.



Recently one of the themes our self-advocacy team celebrated was kindness.

Members shared the kind deeds they did during the week. Andrew chose to give flowers to the library staff because they've been helpful and kind to the group.

The library staff always cooperate well with our clients and our staff during our program time. They also support us very well at any special events we conduct at the library. They truly deserved to receive flowers on behalf of all our clients and staff.

